

Postdoctoral Fellowship

Promoting Student Well-Being and Mental Health in School Settings

Douglas Research Centre | McGill University

Title: Evaluating Practices that Promote Student Well-Being in School Settings

Project Type: ☐ Master's (M.Sc.) ☐ Doctorate (Ph.D.) ☒ Postdoctoral Fellowship

Research Supervisor

Marie-Claude Geoffroy, Ph.D.

Associate Professor, Department of Psychiatry, McGill University

Canada Research Chair in Youth Suicide Prevention

Co-Director, [The Observatory for Children's Education and Health \(OPES\)](#)

Researcher, Douglas Research Centre

In partnership with: Observatory on Children's Education and Health (OPES)

Research Interests

The Observatory on Children's Education and Health (OPES) is a research infrastructure funded by the Fonds de recherche du Québec – Société et culture (FRQSC). Its mission is to generate and mobilize knowledge to prevent educational, physical health, and mental health problems among children and youth through rigorous, innovative, and inclusive scientific approaches.

Within OPES, Dr. Geoffroy's research focuses on identifying protective factors and interventions that promote mental health and well-being among young people in school settings.

Research Project Description

Under the supervision of Dr. Marie-Claude Geoffroy and in collaboration with OPES researchers and school-based partners, the postdoctoral fellow will contribute to identifying the most promising practices for promoting student well-being across the education system.

The project aims to conduct rigorous syntheses of scientific evidence on best practices in school settings to guide schools in implementing coordinated actions.

The position will include, among others, the following activities:

- Conduct systematic reviews of the scientific literature using recognized methodological best practices
- Perform meta-analyses when data permit
- Synthesize findings to identify the most effective practices for promoting student well-being in school settings
- Document the conditions that facilitate the successful implementation of these practices in school contexts
- Participate, as needed, in the co-design of interventions with school and scientific partners
- Contribute to the writing of scientific articles and knowledge mobilization tools

- Present findings to scientific, institutional, and school-based partners
- Participate in the preparation of funding applications
- Participate in the development of research protocols and training activities related to systematic literature reviews
- Write and publish scientific articles

Fields of Study

Individuals who have completed, or are about to complete, a doctoral degree in one of the following fields are invited to apply:

Public Health, Psychology, Psychiatry, Epidemiology, Educational Sciences, Psychoeducation, Neuroscience, Social Work, or any related discipline.

The selected candidate must be eligible for a postdoctoral fellowship at McGill University.

Desired Expertise and Skills

- Excellent academic record
- Experience conducting systematic reviews and/or meta-analyses
- Excellent scientific writing skills
- Strong interest in youth mental health
- Ability to work independently as well as within a multidisciplinary team
- Knowledge of quantitative methods and statistical software (R) is considered an asset
- Excellent proficiency in French or English; bilingualism is considered an asset

What We Offer

Funding

Compensation will be determined based on the selected candidate's experience and qualifications and is expected to range between \$50,000 and \$70,000 per year. The selected candidate will also be encouraged and supported in preparing postdoctoral funding applications to provincial and federal funding agencies (FRQ, CIHR, SSHRC, etc.).

Collaborative Research Environment

The successful candidate will join a dynamic and internationally recognized research team offering:

- Opportunities to contribute to cutting-edge, high-impact research, with publications in leading scientific journals such as *The Lancet Psychiatry* and *Pediatrics*.
- Participation in innovative projects focused on youth mental health and suicide prevention.
- Collaboration with youth and partners from school communities.
- Comprehensive research support, including research coordinators, data analysts, and access to biostatistical expertise.
- Hybrid work arrangements combining on-site and remote work.
- Regular team meetings, scientific presentations, journal clubs, and numerous opportunities for interdisciplinary collaboration.
- Mentorship and support for career development, grant applications, and scientific publications.

Douglas Research Centre

The Douglas Research Centre (DRC) is one of Canada's leading mental health research centres and is affiliated with McGill University. More than 550 researchers, trainees, and staff members contribute to advancing knowledge and improving mental health outcomes through innovative, high-impact research.

The DRC offers a stimulating, collaborative, and multidisciplinary research environment, with strong connections to clinical services, policymakers, community partners, and international research networks.

The Douglas Research Centre is committed to employment equity and diversity. We encourage applications from women, Indigenous Peoples, members of visible minority groups, persons with disabilities, and members of the 2SLGBTQIA+ community.

Application Process

Interested candidates are invited to submit the following by September 10, 2026:

- A cover letter describing their research interests and fit with the position.
- A curriculum vitae.
- Contact information for two individuals who can provide references.
- University transcripts.

Selected candidates will be invited for interviews beginning in September 2026, with a flexible start date.

Contact Information

Negin Zamani

Email: negin.zamani@mail.mcgill.ca